

Packing List (for men)

Clothes	Toiletries
<input type="checkbox"/> 1 Belt	<input type="checkbox"/> Antibacterial Wipes
<input type="checkbox"/> Collared Shirts: 5 short sleeve, 5 long sleeve	<input type="checkbox"/> Aspirin
<input type="checkbox"/> 1 Fleece Vest, for cold weather	<input type="checkbox"/> Bandages, Moleskin, Other First Aid
<input type="checkbox"/> Flip-flops (*)	<input type="checkbox"/> Contact Lens Solution(*)
<input type="checkbox"/> 1 pair Gloves (runners gloves, for portability)	<input type="checkbox"/> Contact Lenses
<input type="checkbox"/> Hat	<input type="checkbox"/> Deodorant
<input type="checkbox"/> Coat (for rain and colder weather)	<input type="checkbox"/> Diarrhea Medicine(*)
<input type="checkbox"/> Neck Tie	<input type="checkbox"/> Earplugs
<input type="checkbox"/> 3 pair Shoes (1 dress, 1 everyday, 1 athletic)	<input type="checkbox"/> Eyeglasses
<input type="checkbox"/> Shorts (3 pairs, with pockets)	<input type="checkbox"/> Ibuprofen
<input type="checkbox"/> Sleeping Shorts/Shirts (2 sets)	<input type="checkbox"/> Insect Repellant
<input type="checkbox"/> Socks (7 pairs dress, 3 pairs athletic)	<input type="checkbox"/> Medications
<input type="checkbox"/> Sports Coat (for more dressy occasions)	<input type="checkbox"/> Nail Clipper, Comb, Tweezers (*)
<input type="checkbox"/> T-Shirts (7, for outdoor and sleeping)	<input type="checkbox"/> Razor, Shaving Cream(*)
<input type="checkbox"/> Trousers (5 pairs, for everyday and dressy)	<input type="checkbox"/> Shampoo, Soap, Container(*)
<input type="checkbox"/> Umbrella (*)	<input type="checkbox"/> Toilet Paper(*)
<input type="checkbox"/> Underwear (7 pairs)	<input type="checkbox"/> Toothbrush, Toothpaste, Floss
	<input type="checkbox"/> Travel Towel(*)
	<input type="checkbox"/> Water Bottle
Travel Accessories	Fieldwork Kit
<input type="checkbox"/> Detergent, Spot Remover (*)	<input type="checkbox"/> Business Cards
<input type="checkbox"/> Door Stop, for security reasons	<input type="checkbox"/> Pro level video camera, charger, tapes (#)
<input type="checkbox"/> Electrical Tape(*)	<input type="checkbox"/> Computer, Power cord
<input type="checkbox"/> Flashlight(*)	<input type="checkbox"/> Digital audio recorder
<input type="checkbox"/> Hotel Sheet Bag(#)	<input type="checkbox"/> Electrical Plug Adaptors
<input type="checkbox"/> Inflatable Travel Pillow (#)	<input type="checkbox"/> Ethernet Cable (*)
<input type="checkbox"/> Lightweight Laundry Bag (*)	<input type="checkbox"/> External Hard Drive
<input type="checkbox"/> Luggage Lock/Cable (#)	<input type="checkbox"/> Extra Passport Photos
<input type="checkbox"/> Multipurpose Tool (#)	<input type="checkbox"/> Portable Video Camera
<input type="checkbox"/> Safety pins, rubber bands, cord	<input type="checkbox"/> Guidebooks (#)
<input type="checkbox"/> Sewing Kit	<input type="checkbox"/> Kindle and other reading material
<input type="checkbox"/> Shoulder Bag	<input type="checkbox"/> Passport, visas
<input type="checkbox"/> US cell phone, with Charger and cables	<input type="checkbox"/> Pens, Small Notebook (*)
<input type="checkbox"/> Spoon (#)	<input type="checkbox"/> Point and Shoot Camera, Charger
<input type="checkbox"/> Travel Clothesline (#)	<input type="checkbox"/> Powerstrip (*)
<input type="checkbox"/> Universal sink stopper (#)	<input type="checkbox"/> SLR Camera, Charger, Lenses (#)
<input type="checkbox"/> Ziploc plastic bags, quart and gallon size	<input type="checkbox"/> Sound Kit for video
	<input type="checkbox"/> Tripod (fixed, gorillapod)
	<input type="checkbox"/> USB Flash Drive
	<input type="checkbox"/> Vaccination Certificates (#)

* Can buy in China

Optional